



**MINUTES OF THE SEPTEMBER IN-PERSON MEETING
OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
Triple P Conference Room
2215 Langhorne Road
Lynchburg, VA**

September 26, 2024

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| <p>Board Approved 10-24-24</p> |
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|-----------------|--------------------------------|----------------------------|----------------------|
| PRESENT: | Sonya Baker | City of Lynchburg | In-Person Attendance |
| | Betty Brickhouse, <i>Chair</i> | City of Lynchburg | In-Person Attendance |
| | Chris Faraldi | City of Lynchburg | In-Person Attendance |
| | Tom Lawton | Campbell County | In-Person Attendance |
| | Abe Loper | Additional Member | In-Person Attendance |
| | Rob Merryman, <i>Treasurer</i> | Campbell County | In-Person Attendance |
| | Bobby Shiflett | Amherst County | In-Person Attendance |
| | Jim Sikkema, <i>Vice Chair</i> | Bedford County | In-Person Attendance |
| | Mary Lou Spiggle | Additional Member | In-Person Attendance |
| | Justin Stauder | Bedford County | In-Person Attendance |
| ABSENT: | Gary Marple | Additional Member | |
| STAFF: | Melissa Lucy | Chief Executive Officer | In-Person Attendance |
| | Sandy Farmer | Executive Assistant to CEO | In-Person Attendance |
| | Matt Hartsook | Chief Financial Officer | In-Person Attendance |
| ABSENT: | None | | |
| GUESTS: | None | | |

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A. INTRODUCTION

1. Call to Order/Welcome

Chair Betty Brickhouse opened the meeting at 3:30 p.m., and welcomed Mary Lou Spiggle upon her return and welcomed all in attendance.

2. Moment of Silence

A moment of silence was observed.

3. Adoption of the Agenda

MOTION: Sonya Baker made a motion to approve the agenda as mailed. The motion was seconded by Justin Stauder and carried by majority vote.

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Meeting Minutes of July 25, 2024.

MOTION: On behalf of Secretary Jim Sikkema, Rob Merryman made a motion to approve the board minutes as mailed. The motion was seconded by Jim Sikkema and carried by majority vote. Mary Lou Spiggle abstained.

Consideration of the Executive Committee Meeting Minutes of July 25, 2024.

MOTION: On behalf of Secretary Jim Sikkema, Sonya Baker made a motion to approve the board minutes as revised. The motion was seconded by Rob Merryman and carried by majority vote. Mary Lou Spiggle abstained.

D. BOARD TRAINING

Mrs. Brickhouse reminded all board members of the annual board training requirements as noted in the Horizon Behavioral Health Board Policies & Procedures Policy. Melissa Lucy introduced today's training video presentation of the Horizon Behavioral Health & Lynchburg Police Department Magistrate Training Video. This training is a required training by the Virginia General Assembly for all Virginia Magistrates. The Chief Magistrate requested that Melissa Lucy and Lynchburg Chief of Police, Ryan Zuidema, conduct this training for the state of Virginia to help others understand the state of mental health response and to emphasize a collaborative approach to public service as we strive to meet the needs of our communities both clinically and as part of the public safety perspective. Mrs. Brickhouse thanked Mrs. Lucy for her informative presentation.

E. COMMITTEE REPORT – Risk Management Committee

Committee Chair, Chris Faraldi asked Melissa to give an overview of the Horizon Risk Management Plan Heat Map. Mr. Faraldi thanked Melissa for her review.

F. CHAIRMAN'S ITEMS

Betty Brickhouse had nothing to report.

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G. CEO ITEMS

Enter into Closed Session – Lease or Acquisition of Real Property

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

MOTION: Sonya Baker made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Abe Loper and carried by roll call vote as follows:

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|-------------------------------|-------------------------------|
| Sonya Baker – aye | Rob Merryman – aye |
| Betty Brickhouse – aye | Bobby Shiflett – aye |
| Chris Faraldi - aye | Jim Sikkema – aye |
| Tom Lawton - aye | Mary Lou Spiggle - aye |
| Abe Loper - aye | Justin Stauder - aye |

Exit out of Closed Session

Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Abe Loper made a motion to exit out of the Closed Meeting. The motion was seconded by Bobby Shiflett and carried by roll call vote as follows:

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|-------------------------------|-------------------------------|
| Sonya Baker – aye | Rob Merryman – aye |
| Betty Brickhouse – aye | Bobby Shiflett – aye |
| Chris Faraldi - aye | Jim Sikkema – aye |
| Tom Lawton - aye | Mary Lou Spiggle - aye |
| Abe Loper - aye | Justin Stauder - aye |

No recommendation at this time.

CEO items continued:

-Best Places to Work – Melissa reported that Horizon Behavioral Health was named the Best Places to Work for the second year in a row.

-SAMHSA Adult Drug Court (now known as the Recovery Court) - Horizon Behavioral Health proposes to expand capacity of the Lynchburg Adult Drug Court (LADC), by adding a Community Corrections Probation Officer to supervise 20 additional cases per year. Funding will also support recovery housing, client transportation, evidence-based treatment, and an external project evaluation. SAMHSA (Substance Abuse & Mental Health Services Administration) awarded Horizon Behavioral Health \$2M over the 5-year duration of the project.

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H. FINANCIAL REPORT

Matt Hartsook reviewed the August 2024 Statement of Revenue and Expenditures Monthly Report.

I. NOTICES AND REMINDERS

The next scheduled meeting of the Horizon Board of Directors will be **Thursday, October 24, 2024 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held in-person at the Horizon Wellness Center, Triple P Conference Room, 2215 Langhorne Road, Lynchburg.

The Finance Committee is scheduled to meet prior to the October board meeting **from 2:45 p.m. until 3:15 p.m.** Members are: Rob Merryman-Chair, Abe Loper, Gary Marple, Bobby Shiflett, Jim Sikkema, Betty Brickhouse.

J. ADJOURNMENT

MOTION: Rob Merryman made a motion to adjourn. The motion was seconded by Jim Sikkema and carried by majority vote.

The meeting was adjourned at 5:02 p.m.

The above minutes were approved at the meeting held on October 24, 2024.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP

Respectfully submitted for Jim Sikkema, Secretary

By Sandy Farmer CAP-OM, CP, Executive Assistant to the CEO & Recording Secretary of the Board of Directors