



**MINUTES OF THE APRIL IN-PERSON MEETING  
OF THE  
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health  
Triple P Conference Room  
2215 Langhorne Road  
Lynchburg, VA**

**APRIL 25, 2024**

**Board  
Approved  
7-27-24**

<b>PRESENT:</b>	Sonya Baker	City of Lynchburg	In-Person Attendance
	Betty Brickhouse, <i>Chair</i>	City of Lynchburg	In-Person Attendance
	Chris Faraldi	City of Lynchburg	In-Person Attendance
	Tom Lawton	Campbell County	In-Person Attendance
	Abe Loper	Additional Member	In-Person Attendance
	Gary Marple, <i>Vice-Chair</i>	Additional Member	In-Person Attendance
	Rob Merryman, <i>Treasurer</i>	Campbell County	In-Person Attendance
	Bobby Shiflett	Amherst County	In-Person Attendance
	Mary Lou Spiggle	Additional Member	In-Person Attendance
	Justin Stauder	Bedford County	In-Person Attendance
<b>ABSENT:</b>	Jim Sikkema, <i>Secretary</i>	Bedford County	
<b>STAFF:</b>	Melissa Lucy	Chief Executive Officer	In-Person Attendance
	Sandy Farmer	Executive Assistant to CEO	In-Person Attendance
	Matt Hartsook	Chief Financial Officer	In-Person Attendance
<b>ABSENT:</b>	None		
<b>GUESTS:</b>	None		

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**A. INTRODUCTION**

1. Call to Order/Welcome

Chair Betty Brickhouse opened the meeting at 3:30 p.m. Mrs. Brickhouse welcomed all in attendance.

2. Moment of Silence

A moment of silence was observed.

3. Adoption of the *Revised* Agenda

**MOTION: Bobby Shiflett made a motion to approve the agenda as revised. The motion was seconded by Gary Marple and carried by majority vote.**

**B. PUBLIC COMMENT**

There was none.

**C. MINUTES**

Consideration of the Board Meeting Minutes of February 22, 2024

**MOTION: On behalf of Secretary Jim Sikkema, Abe Loper made a motion to approve the board minutes as mailed. The motion was seconded by Rob Merryman and carried by majority vote.**

Consideration of the Executive Committee Meeting Minutes of February 22, 2024

**MOTION: On behalf of Secretary Jim Sikkema, Rob Merryman made a motion to approve the Executive Committee minutes as mailed. The motion was seconded by Mary Lou Spiggle and carried by majority vote.**

**D. COMMITTEE REPORT – Finance Committee**

Finance Committee Chair, Rob Merryman asked CFO, Matt Hartsook to review the proposed revised budget.

Chris Faraldi arrived at 3:34 p.m.

Sonya Baker arrived at 3:41 p.m.

**MOTION: Committee Chair, Rob Merryman made a motion on behalf of the Finance Committee to the full board to approve the Horizon Behavioral Health FY2025 Annual Budget as revised. The motion was seconded by Abe Loper and approved by the following roll call vote:**

<b>Sonya Baker - aye</b>	<b>Gary Marple - aye</b>
<b>Betty Brickhouse - aye</b>	<b>Rob Merryman - aye</b>
<b>Chris Faraldi - aye</b>	<b>Bobby Shiflett - aye</b>
<b>Tom Lawton - aye</b>	<b>Mary Lou Spiggle - aye</b>
<b>Abe Loper - aye</b>	<b>Justin Stauder - aye</b>

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***The motion was carried by unanimous vote.***

Mr. Merryman thanked Melissa, Matt Hartsook and his team for all of their hard work on the FY2025 Budget.

**E. CHAIRMAN'S ITEMS**

1. Board Chair Betty Brickhouse discussed the new process of receiving board packets via postal mail and/or electronically and asked board members for feedback on the process. Board members stated they liked the process and agreed to continue receiving packets in this manner.

2. Mrs. Brickhouse congratulated board member, Bobby Shiflett, Chief of Police of the Town of Amherst, on his recent retirement from the force after almost 30 years of service. Mrs. Brickhouse expressed her pleasure that Bobby will continue his service on the Horizon Behavioral Health Board of Directors.

**F. CEO ITEMS**

**Enter into Closed Session – Personnel Matter**

**Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.1 of the Code of Virginia in order to discuss a personnel matter.**

***MOTION: Sonya Baker made a motion to enter into a Closed Meeting in order to discuss a personnel matter. The motion was seconded by Tom Lawton and carried by roll call vote as follows:***

<b><i>Sonya Baker - aye</i></b>	<b><i>Gary Marple - aye</i></b>
<b><i>Betty Brickhouse - aye</i></b>	<b><i>Rob Merryman - aye</i></b>
<b><i>Chris Faraldi - aye</i></b>	<b><i>Bobby Shiflett - aye</i></b>
<b><i>Tom Lawton - aye</i></b>	<b><i>Mary Lou Spiggle - aye</i></b>
<b><i>Abe Loper - aye</i></b>	<b><i>Justin Stauder – aye</i></b>
<b><i>Horizon Staff</i></b>	
<b><i>Melissa Lucy, CEO - aye</i></b>	<b><i>Sandy Farmer, Executive Assistant - aye</i></b>
<b><i>Matt Hartsook, CFO - aye</i></b>	

We are now in closed session.

**Exit out of Closed Session**

**Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.**

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**MOTION: Gary Marple made a motion to exit out of the Closed Meeting. The motion was seconded by Sonya Baker and carried by roll call vote as follows:**

<b>Sonya Baker - aye</b>	<b>Gary Marple - aye</b>
<b>Betty Brickhouse - aye</b>	<b>Rob Merryman - aye</b>
<b>Chris Faraldi - aye</b>	<b>Bobby Shiflett - aye</b>
<b>Tom Lawton - aye</b>	<b>Mary Lou Spiggle - aye</b>
<b>Abe Loper - aye</b>	<b>Justin Stauder – aye</b>
<b>Horizon Staff</b>	
<b>Melissa Lucy, CEO - aye</b>	<b>Sandy Farmer, Executive Assistant - aye</b>
<b>Matt Hartsook, CFO - aye</b>	

No recommendation at this time.

**Enter into Closed Session – Lease or Acquisition of Real Property**

**Read by Recording Secretary** - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

**MOTION: Sonya Baker made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Abe Loper and carried by roll call vote as follows:**

<b>Sonya Baker - aye</b>	<b>Gary Marple - aye</b>
<b>Betty Brickhouse - aye</b>	<b>Rob Merryman - aye</b>
<b>Chris Faraldi - aye</b>	<b>Bobby Shiflett - aye</b>
<b>Tom Lawton - aye</b>	<b>Mary Lou Spiggle - aye</b>
<b>Abe Loper - aye</b>	<b>Justin Stauder – aye</b>
<b>Horizon Staff</b>	
<b>Melissa Lucy, CEO - aye</b>	<b>Sandy Farmer, Executive Assistant - aye</b>
<b>Matt Hartsook, CFO - aye</b>	

We are now in closed session.

**Exit out of Closed Session**

**Read by Recording Secretary** - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

**MOTION: Sonya Baker made a motion to exit out of the Closed Meeting. The motion was seconded by Justin Stauder and carried by roll call vote as follows:**

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<b>Sonya Baker - aye</b>	<b>Gary Marple - aye</b>
<b>Betty Brickhouse - aye</b>	<b>Rob Merryman - aye</b>
<b>Chris Faraldi - aye</b>	<b>Bobby Shiflett - aye</b>
<b>Tom Lawton - aye</b>	<b>Mary Lou Spiggle - aye</b>
<b>Abe Loper - aye</b>	<b>Justin Stauder – aye</b>
<b>Horizon Staff</b>	
<b>Melissa Lucy, CEO - aye</b>	<b>Sandy Farmer, Executive Assistant - aye</b>
<b>Matt Hartsook, CFO - aye</b>	

No recommendation at this time.

**CEO Additional Items:**

- Horizon Behavioral Health 55<sup>th</sup> Anniversary Celebration - Melissa thanked the Board Members who attended the Horizon 55<sup>th</sup> Anniversary Celebration reception and noted how appreciative she is for all of the board support.
- AJ Harold Selected as one of *Lynchburg Business Magazine's* Top 20 Under 40 for 2024!
  - The goal of this campaign is to recognize some of the best and brightest up-and-coming young professionals in our region. This initiative is a joint effort with the Lynchburg Regional Business Alliance and the Lynchburg Office of Economic Development and Tourism.
  - After reviewing nomination forms sent in by the community, a panel of judges—made up of representatives from the organizations above—selected these 20 young professionals. They made selections based on demonstrated business excellence and contributions toward the improvement of the greater Lynchburg region.
  - As an honoree, Alva will be included in Top 20 Under 40 feature coverage in the Q3 2024 issue of *Lynchburg Business*, which will include a brief bio and a professional photo.

**G. FINANCIAL REPORT**

Matt Hartsook reviewed the March 2024 Statement of Revenue and Expenditures Monthly Report.

**H. NOTICES AND REMINDERS**

The next scheduled meeting of the Horizon Board of Directors will be **Thursday, June 27, 2024 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held in-person at the Horizon Wellness Center, Triple P Conference Room, 2215 Langhorne Road, Lynchburg.

Chris Faraldi left at 4:25 p.m.

**I. ADJOURNMENT**

**MOTION: Gary Marple made a motion to adjourn. The motion was seconded by Sonya Baker and carried by majority vote.**

The meeting was adjourned at 4:41 p.m.

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*The above minutes were approved at the meeting held on June 27, 2024.*

*ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP*

*Respectfully submitted for Jim Sikkema, Secretary*

*By Sandy Farmer CAP-OM, CP, Executive Assistant to the CEO & Recording Secretary of the Board of Directors*